Get Moving!

Start by giving each student a Poly Spot or chair and having the students arrange themselves into a circle and stand on their Poly Spot.

Then explain that 4 is the magic number in the Chicken Dance. It is a four-count dance, meaning that each move is repeated 4 times. Also, there are 4 moves in each round, and they will be doing the dance 4 times in each round.

Demonstrate each of the moves for them: beaks, wings, tail feathers, clap. Have the students try it without the music before beginning the game.

To play the game, the students will stand on their Poly Spot and when the music begins, they will do four rounds of the Chicken Dance. During the interim music between each round of dancing they will walk in a circle around the outside edge of the circle of Poly Spots. While they are moving, remove one (or more) of the Poly Spots. When the dance begins again, they must stand on a new Poly Spot and do 4 more rounds of the Chicken Dance.

Whichever student(s) is out will go to the middle of the circle. They will still do the Chicken Dance in the middle, and the teacher may select one (or more) of them each round to remove a Poly Spot.

The last student on a Poly Spot is the winner!